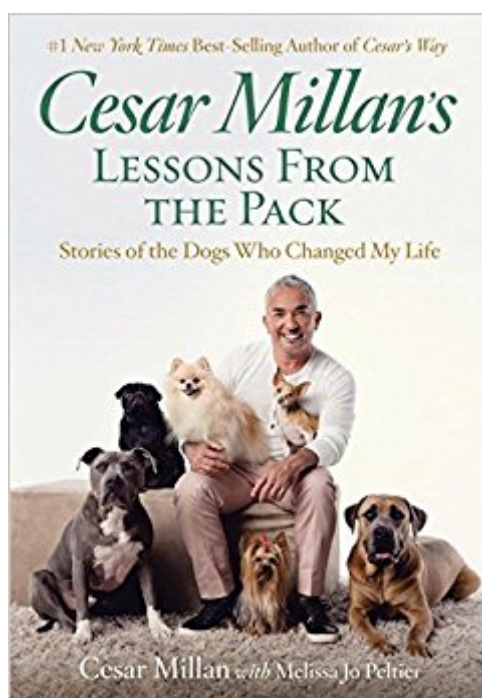


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Cesar Millan's Lessons From The Pack: Stories Of The Dogs Who Changed My Life



Synopsis

In this inspiring book, best-selling author and "Dog Whisperer" Cesar Millan uses decades of experience to reveal the many ways that dogs and people can enrich each other's lives, sharing eight essential life lessons imparted by a group of very special dogs he's trained over the years. From his roster of celebrity clients to his reality television series, Cesar Millan is America's most sought-after dog behavior expert. Now, he reveals the amazing ways that our pets can teach us. In this affecting book, he shares eight heartwarming stories about the dogs that have inspired him the most—and the lessons he's learned from them about healing and more. Each chapter, drawing on celebrity and noncelebrity clients alike, spotlights the essential traits that allow these animals to make the best of their situations—from authenticity to acceptance—and reveals how we can embrace these values to enrich our own lives. Sharing never-before-told insights, Cesar imparts a unique blueprint for seeking happiness and fulfillment through canine companionship.

Book Information

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Customer Reviews

"Famed dog behavior expert Millan goes from teacher to student in this touching and informative tribute to the dogs he's loved and learned from... [This book is] bound to appeal to Millan's many fans and any animal lover who understands how much our four-legged friends have to teach us." [Booklist](#)

CESAR MILLAN is a public speaker and the internationally acclaimed star of Cesar 911, as well as the original, Emmy-nominated host of the Dog Whisperer program. With Cesar 911, he brings more than 25 years of dog experience and his status as the most recognized and sought-after authority in the field of dog care and rehabilitation directly to communities terrorized by unruly hounds. In addition to co-authoring six books, Cesar has created numerous instructional DVDs and continues to host a popular series of seminars where attendees learn how to apply his extensive knowledge of dog psychology and rehabilitation techniques. MELISSA JO PELTIER was co-executive producer of the Emmy-nominated National Geographic Channel series, Dog Whisperer with Cesar Millan, as well as Cesar Millan's co-author for five previous New York Times Bestsellers and three other non-fiction titles. She is an Emmy-winning veteran television and film writer, director and producer with over 50 national and international awards to her name. Her first novel about the entertainment business, Reality Boulevard, was named by Kirkus Reviews as one of its "Best Indies of 2013." Peltier lives in New York with her husband and their rescue pit mix, Frannie.

'Lessons from the Pack' is a joyous read from start to finish. Presented by Cesar Millan and his co-writer, Melissa Jo Peltier, this book takes you back to how The Dog Whisperer found his calling in life. Starting off with a farm dog named Paloma that Millan observed on his grandfather's farm in Mexico, a young Cesar seemed to already envision a future with dogs. From there we start seeing how dogs shaped him from his adolescence in Mazatlan to his struggles adapting to life in the United States and opening his Dog Psychology Center, and, from there, to become the Dog Whisperer that would be seen on television. The dogs that Cesar encountered over these many years have impacted him in many different ways and taught him valuable life lessons. He goes on to say how each dog has taught him admirable qualities that can be found in a dog's innocence, such as resilience and acceptance. Though Millan has shown love for all the dogs he talks about and trains, none have been more special to him than his relationship with Daddy, the pit bull Millan adopted from Redman back in the 90's, who would go on to become Millan's spiritual ally and friend. His stories of Daddy make for some heart-warming reading. Cesar and Peltier, throughout the book, share with us some important scientific studies that were conducted through many years of research from various doctors and experts, as well as joyful anecdotes from celebrities such as Jerry Seinfeld, Kesha and Jada Pinkett Smith explain the ways their own dogs have taught them the joys of unconditional love and happiness. I'm very honored to have this book a part of my home library, and I hope you make it yours. Perhaps reading about Millan's life and the lives of the dogs he has come across will enrich and enlighten you.

Great book, great author!

If you love dogs, you can use this to improve YOURSELF, which will definitely improve your dog. I am a DOG & CESAR fanatic and find his work and his life to be fascinating. You can learn a little more about his dogs and him. If you LOVE dogs, you will like this.

Makes you think about how we trip over our own complications and how important it is to be committed and focused to life in all its aspects. Really seeing and understanding a dog's world and a dog's reaction to life events helps us to step back and regroup for our own lives. Loved the book.

I love Cesar Milan I watch him on TV I think he really knows Dogs.

Haven't read yet! I love Cesar n his pack!!!

If you love dogs you will learn from this book.

This book treats the reader to an intimate look into Cesar's personal journey in coming to the U.S.A. and becoming the Dog Whisperer. Excellent work - quick and fun read!

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